

Parenting

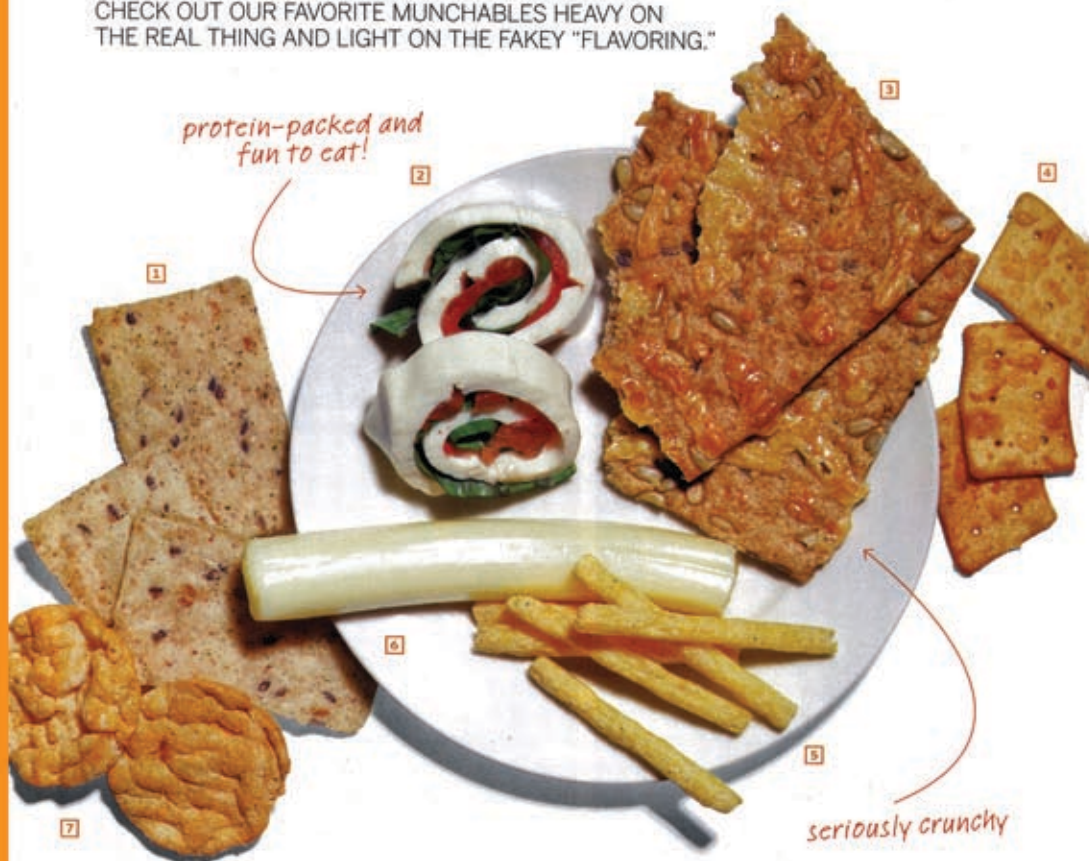
school years

APRIL 2010

kid {snacks}

Say Cheese!

IT'S A FACT: CHEESE MAKES EVERYTHING BETTER. CHECK OUT OUR FAVORITE MUNCHABLES HEAVY ON THE REAL THING AND LIGHT ON THE FAKEY "FLAVORING."



protein-packed and fun to eat!

seriously crunchy

1 RIGHT ON RICE Thanks to tangy parmesan and roasted garlic, these whole-grain wonders will be gobbled up fast. **New York Style Risotto Chips; \$2.99**

2 WRAP STAR Mozzarella sheets can be layered with anything pliable: tomatoes, spinach, pepperoni. Roll up tight and slice. Voilà! **BelGioioso Unwrap & Roll; \$4.49**

3 (SUN)FLOWER POWER There's so much crunch in this cracker that even the Cap'n will run scared! Cheddar and

seeds are baked into each bite. **Dr. Kracker Sunflower Cheddar; \$4.99**

4 ALL FOUR ONE Cheddar, parmesan, romano, and asiago pack flavor into these toothsome treats. Kids love that they're more cheese than cracker! **Pepperidge Farm Cheese Crisps; \$3.49**

5 NOT-SO-EVIL TWIN These new baked-fry stand-ins are relatively healthy as far as fries go: They've got about half the calories and seven fewer grams of fat per serving than a Mickey

D's small. Can't feel bad about that! **Snikiddy Parmesan Garlic Fries; \$2.69**

6 STRING SECTION Whole Foods's value-brand string cheese is just what you want it to be: part-skim, organic, full of calcium. And it's still hot on the lunch-table exchange market. **365 Everyday Value String Cheese; \$3.99**

7 SOY LOCO How the heck do you get a kid to eat soy? Tell him it's a super-cheesy chip. And you won't be lying, either! **Glenny's Cheddar Soy Crisps; \$1.49**

