

Parents

PARENTSMAG.COM

SEPTEMBER 2007

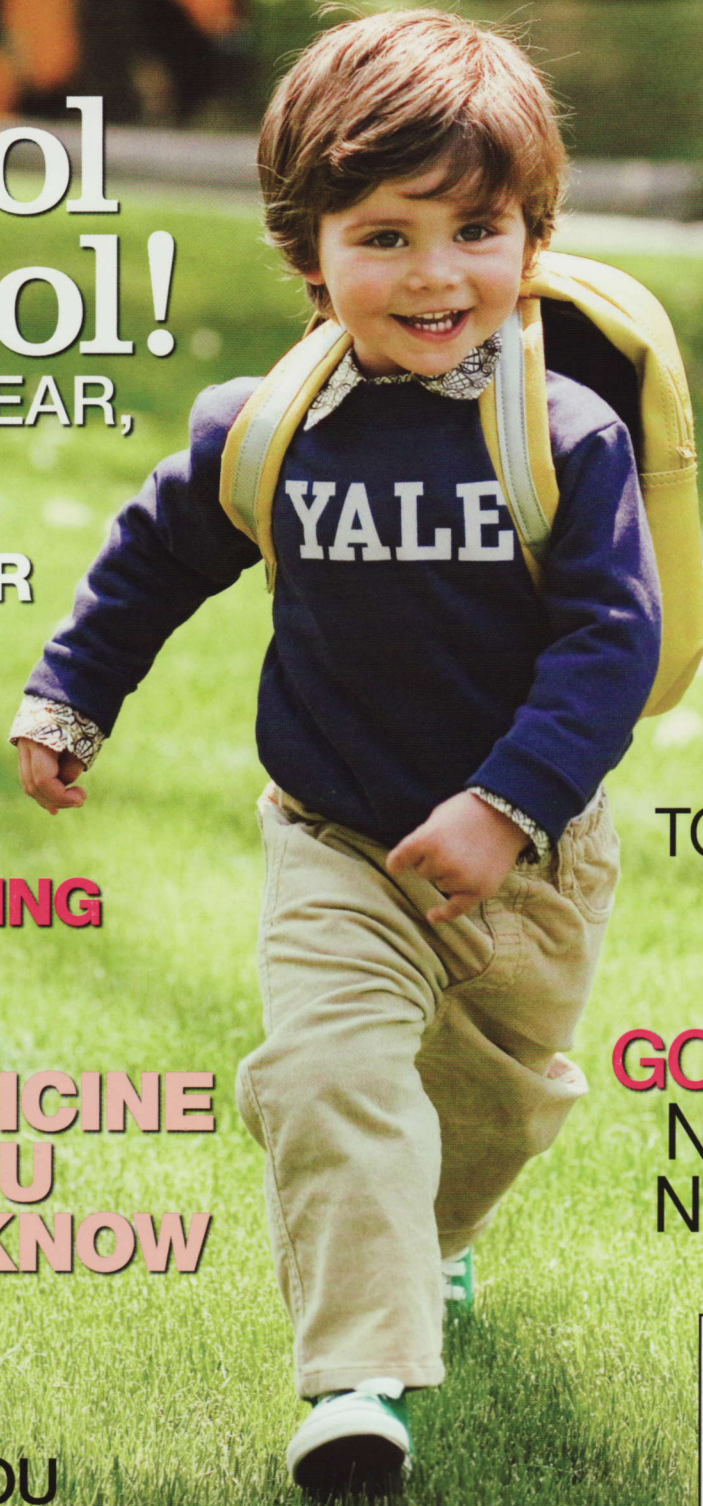
School Is Cool!

GUIDE TO GEAR,
FEARS AND
A REALLY
GREAT YEAR

**HOW TO
TELL A
TODDLER
YOU'RE HAVING
A BABY**

**NEW MEDICINE
RULES YOU
SHOULD KNOW**

**WHY GIRLS'
NIGHT OUT IS
GOOD FOR YOU**



**FUN
GAMES**
FOR KIDS
WHO LOVE
TO PRETEND

**HAPPY
GOODBYES**
NO TEARS,
NO DRAMA

\$3.50 U.S.A. \$4.50 CANADA

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Label it!

With the NEW Ultimate Back-to-School Combo

from Mabel's Labels



Ruby J



40 Skinny-Minis™
microwave, dishwasher safe

Nel



NEW!

50 Tag-Mates™
no-sew, no-iron clothing labels

Laschuk



16 Shoe Labels 2 Bag Tags



Mabel's labels inc.

labels for the stuff kids lose™

School or daycare looking to raise money?
We can help! fundraising@mabel.ca

www.mabel.ca

1-866-30-MABEL

The Back-to-School Combo is available for a limited time only.

food

Buy These Snacks

We rounded up dozens of packaged snacks and drinks and put them through our gotta-be-healthy test. You can feel good about throwing one of these into your child's lunch or backpack.

Z bar from Clif: Baked with rolled oats; crunchy and good.



FruitaBu:
Organic fruit-leather twists.

Crispy Apricots:
Nutrient-rich dried fruit bites. So yum!



Can Do Kid: Protein-dense energy bar for quick snacks.



DanActive:
Calcium-rich drink that contains healthy bacteria for good digestion.



Fruit Ripples:
Only 50 calories and no fat.

Annie's Cheddar Bunnies:
Trans fat-free, with a zesty cheese flavor.



Barbara's Snackimals:
Made without any hydrogenated oils or trans fats.



Snikiddy:
Organic corn puffs that come in three kid-friendly flavors.



Soy on the Go:
Organic soy milk in an easy-pack box.

Bear Naked Granola:
Delicious on its own or mixed into yogurt.



Doctor Kracker:
Whole grains, fab flavor.



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